

March 2020



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
	PEACE LUTHERAN HALL 10:30AM - 12:30PM Arts & Crafts with Jane Music with Tony	WINDREACH * 2PM - 4PM Boccia Ball	WINDREACH * 11:15AM - 12 Noon Older Adult Seated Exercise Class 1PM - 3PM Music & Drumming	PEACE LUTHERAN HALL 10:30AM - 12:30PM Arts & Crafts with Jane Joaky Ball w/Dennis WINDREACH * 2PM - 4PM Horticulture, Arts & Crafts	ST. PAUL'S, PAGET 1PM - 2:30PM Games and Crafts with Lorraine	
8	9	10	11	12	13	14
	PEACE LUTHERAN HALL 10:30AM - 12:30PM Arts & Crafts with Jane Music with Tony	WINDREACH * 2PM - 4PM Boccia Ball	Senior's Art @ Masterworks* 10:30am - 12 noon Art Workshop with Kendra WINDREACH * 11:15AM - 12 Noon Older Adult Seated Exercise Class 1PM - 3PM Music & Drumming	PEACE LUTHERAN HALL 10:30AM - 12:30PM Arts & Crafts with Jane Joaky Ball w/Dennis WINDREACH * 2PM - 4PM Horticulture, Arts & Crafts	ST. PAUL'S, PAGET 1PM - 2:30PM Holistic Chair Yoga with Kerri	AAD FAMILY SUPPORT MEETING 4:00pm - 5:00pm Markel House, Front Street, Hamilton
15	16	17	18	19	20	21
	PEACE LUTHERAN HALL 10:30AM - 12:30PM Arts & Crafts with Jane Music with Tony	WINDREACH * 2PM - 4PM Boccia Ball	WINDREACH * 11:15AM - 12 Noon Older Adult Seated Exercise Class 1PM - 3PM Music & Drumming	PEACE LUTHERAN HALL 10:30AM - 12:30PM Arts & Crafts with Jane Joaky Ball w/Dennis WINDREACH * 2PM - 4PM Horticulture, Arts & Crafts	ST. PAUL'S, PAGET 1PM - 2:30PM Holistic Chair Yoga with Kerri	
22	23	24	25	26	27	28
	PEACE LUTHERAN HALL 10:30AM - 12:30PM Arts & Crafts with Jane Music with Tony	WINDREACH * 2PM - 4PM Boccia Ball	Senior's Art @ Masterworks* 10:30am - 12 noon Art Workshop with Kendra WINDREACH * 11:15AM - 12 Noon Older Adult Seated Exercise Class 1PM - 3PM Music & Drumming	PEACE LUTHERAN HALL 10:30AM - 12:30PM Arts & Crafts with Jane Joaky Ball w/Dennis WINDREACH * 2PM - 4PM Horticulture, Arts & Crafts	ST. PAUL'S, PAGET 1PM - 2:30PM Holistic Chair Yoga with Kerri	
29	30	31	<p>Please be aware of AAD's Guidelines for Community Programs which you can read by clicking here or visiting http://www.alzbermuda.com/activities/AADGuidelines_CommunityPrograms.pdf</p> <p>AAD programs offered at no-cost but please note Senior's Art @Masterworks (\$15) and WindReach activities (\$10) payable on arrival.</p> <p>* Register for Run for Memories on Sunday 29 March at www.racedayworld.com</p>			
RUN FOR MEMORIES * 8:30am Junior Run, 9:00am 5K Run & walks East End Primary School, St. George's	WEST HALL, CHRISTCHURCH 10:30AM - 12:30PM Arts & Crafts with Jane Music with Tony	WINDREACH * 2PM - 4PM Boccia Ball				